

# COVID -19 Newsletter

## for Elementary School and Childcare Facilities

23 November, 2021

In this newsletter, we will address the following topics:

1. Quarantine policy changed as of November 19
2. When are you immune?
3. PoCoCoChi study examines long-COVID in children
4. Informational links for parents and children

### 1. Quarantine policy changed as of November 19.

**Everyone, including children from 0 to 4 years of age, both immune and non-immune, is subject to a quarantine advice if a household member has corona.**

In case of the above, a child is not allowed to go to school, even if it is asymptomatic.

- Immune subjects we advise to do a corona test at the GGD on the 5<sup>th</sup> day following the test date of the positive household member.
- Non-immune subjects we advise to do a corona test at the GGD immediately, and to plan a second test on the 5<sup>th</sup> day after the last contact with the positive household member.

Beware: the English version of the Living rules and Information letters on the RIVM website may not be updated yet! The Dutch letters are up to date [Leefregels en informatiebrieven | LCI richtlijnen \(rivm.nl\)](#)

### 2. You are immune (protected) if you:

- 14 days or more ago had a 2nd shot with the AstraZeneca, Pfizer or Moderna vaccine, or
- 14 days or more ago had 1 shot with one of these vaccines and before that you had corona, or
- 28 days or more ago, you had one shot with Janssen's vaccine, or
- have had corona within the past 6 months (180 days). You then tested positive for corona, for example in a GGD test lane (not with a self-test).

### 3. PoCoCoChi study: investigation of long-COVID in children.

This study (Post-Corona Complaints in Children) is a questionnaire study (at the moment only available in Dutch) of the long-term consequences of corona infection in children. The number of children with a positive corona test has increased significantly. In the past week, many elementary school students have tested positive, especially many 10-11 year olds.

**Has your child had a coronavirus test in the past week or is he or she about to be tested?**

Help us learn more about the effects of corona in children! You can read more about this study via the QR code on the attached flyer or via this link [PoCoCoChi Studie \(pococochi-studie.nl\)](#).

You can also sign up then. For signing up, the test has to be less than 7 days old.

Any child up to 18 years old can participate, it does not matter if the test result is positive or negative.

### 4. Useful links for parents and children (only available in Dutch)

[Coronavirus - informatie voor ouders | Nederlands Jeugdinstituut \(nji.nl\)](#)

[Coronavirus - informatie voor kinderen | Nederlands Jeugdinstituut \(nji.nl\)](#)

In case of any remaining questions see [Coronavirus en vaccin | GGD Kennemerland](#) or contact our callcenter: 023 789 1631. From Monday til Friday 08.30 - 20.00 hrs. Saturday and Sunday from 10.00 - 17.00 hrs.

Kind regards, Department of Infection Control, GGD Kennemerland

